



## Tony Ferguson Multivitamin

A supplement to help you ensure that you are getting all the vitamins and minerals you need.

Vitamins and minerals are support your body's conversion of foods into energy as opposed to fat.

It is a 2 month supply and has a slow release function to help ensure maximum absorption over an eight-hour period!

Optimum energy, all day!



## Tony Ferguson Chromium Plus

Chromium is an **essential nutrient** that your body uses for sugar metabolism.

It helps your body to **maintain normal blood sugar levels** and helps to keep cravings under control.

It contains Cinnamon and Vitamin C which help maximise effectiveness of the Chromium and are supportive anti-oxidants.

Goodbye cravings!



## Tony Ferguson Dietary Fibre

Dietary Fibre powder/capsules are a fibre supplement for everyday fibre needs.

It combines soluble and insoluble fibre to help **keep you regular** and promote gut health.

The powder can be sprinkled over cereal, or added to your shake, water or smoothies. Or simply take it in capsule form.

Stay regular!





## Tony Ferguson 3 Day Detox

A natural detox that **physically and mentally prepares you** for your healthy living journey.

It will help you **break bad food habits** and rid your body of unwanted toxins before you begin your healthy living journey.

We recommend starting with the 3-Day Detox before you begin your healthy eating plan.

**Prepare your mind and body!**



## Tony Ferguson Thermoburn

Thermoburn is our **clinically tested fat burning solution** and is stimulant free!

The main ingredient is Sinetrol XPUR, which is **formulated with fruit extract** from citrus fruits (orange, blood orange & grapefruit).

For best results, use you Tony Ferguson Thermoburn in conjunction with a healthy eating plan

**Clinically proven fat burner!**



## Tony Ferguson Curves

Curves is our **alternative fat-burner**, with **caffeine** for an extra boost of energy!

It helps your body to **burn fat faster and maintain your energy levels** while following a healthy eating plan.

A 10 day interval between dose intervals is recommended to avoid developing a tolerance to the caffeine.

**Get the boost you need!**