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Fennel Salad

SERVES 4

INGREDIENTS

3 baby fennel bulbs, thinly sliced ½ small red onion, thinly sliced ¼ cup parsley leaves, roughly chopped 3 tsp lemon juice 2 tsp wholegrain mustard Splash of olive oil Salt and pepper, to season

METHOD

- 1. Combine the fennel, onion and parsley in a bowl.
- 2. Combine the lemon juice, mustard and oil.
- 3. Mix with the fennel and season to taste



