



Garlic and Basil Beans

SERVES 4

INGREDIENTS

100g green beans, trimmed and halved lengthways
1 tablespoon extra virgin olive oil
1 clove garlic, crushed
1 tablespoon fresh basil leaves

METHOD

1. Blanch beans by plunging into boiling water and refreshing in iced water.
2. Heat oil in a medium frying pan.
3. Add garlic and beans and cook stirring 2-3 minutes. Stir in fresh basil leaves and serve.

