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Grilled Vegetable Stack

SERVES 4

INGREDIENTS

Olive oil spray

1 large aubergine, sliced lengthways

1 red pepper, seeded and quartered

2 large zucchini, sliced lengthways

4 large flat mushrooms, stems removed

1 red onion, thickly sliced

4 x 150g ricotta cheese (females)

4 x 200g ricotta cheese (males)

2 cloves garlic, sliced

½ cup fresh basil, chopped

2 tablespoons fresh chives, finely chopped

Balsamic vinegar

Cracked pepper

METHOD

- 1. Spray aubergine, pepper, zucchini, mushrooms, and onion with oil and cook in batches on a heated barbecue or grill plate until tender.
- 2. Combine cheese, garlic, and herbs in a medium bowl. Mix gently.
- 3. Divide the aubergine slices among serving plates. Layer with cheese mixture, zucchini, pepper, and mushroom. Top with another layer of ricotta cheese and onion.
- 4. Drizzle with balsamic vinegar and cracked pepper.



