



# Layered Jelly

SERVES 4

## INGREDIENTS

1 packet Tony Ferguson Diet Jelly  
52g Tony Ferguson Pro shake Vanilla  
2 tsp powdered gelatine

## METHOD

1. Combine the shake with 150mls of cold water. Dissolve the gelatine in 50ml of hot water.
2. Gradually add the shake to the gelatine mix stirring well.
3. Prepare the jelly per packet instructions, but using only 1 cup of water.
4. Divide 1/3 of the shake between 2 glasses and allow to set in the fridge, then pour 1/4 of the jelly mix into each glass. Allow to set. Repeat, then finish with a layer of shake.  
Note: You may need to place the bowl of shake over a saucepan of simmering water if it sets between preparing the layers.

