

Parsley Salad

SERVES 4

INGREDIENTS

1 bunch flat leaf parsley, roughly chopped ½ bunch mint, roughly chopped 2 tomatoes, finely diced 3 spring onions, thinly sliced 2-3 tbs lemon juice 1 tbs extra virgin olive oil Salt and pepper, to season

METHOD

- 1. Combine the herbs, tomatoes and spring onions in a large bowl. Add the lemon juice and olive oil and mix through. Season to taste.
- 2. Serve immediately.



