

Roast Vegetables

SERVES 4

INGREDIENTS

2 red peppers, seeded and quartered

1 aubergine cut into long wedges

2 zucchini, halved and sliced lengthways

1 carrot peeled, halved, sliced lengthways

6 asparagus spears, halved

2 tablespoons extra virgin olive oil

1 clove garlic, crushed

Salt and pepper

1 cup cherry tomatoes

METHOD

- 1. Preheat oven to 200°C.
- 2. Combine all ingredients except the cherry tomatoes in a large baking dish lined with baking paper and toss to coat in the oil.
- 3. Roast for 30-35 minutes until vegetables are tender.
- 4. Remove from the oven, add the cherry tomatoes and increase oven temperature to 230°C. Roast the vegetables for a further 5-7 minutes until well coloured.



